

## LEGAL

# Terms & Conditions

## Who We Are

Nicole Holistic Healer sends text messages to clients and prospective clients who have opted in, related to appointment reminders, booking confirmations, and session updates, and/or marketing messages about offers, events, and retreat announcements, depending on the consent provided.

## Opt-Out

Text **STOP** to cancel at any time. Text **HELP** for assistance.

## Carrier Disclaimer

Carriers are not liable for delayed or undelivered messages.

## Message Frequency

Message frequency varies.

## Message & Data Rates

Message and data rates may apply.

For details on how we handle your information, see our [Privacy Policy](#).